



Loros Lymphoedema Service – Referral Criteria

The lymphoedema clinic accepts adult patients (aged over 18 years). Patients need to be able to attend an outpatient clinic.

Indications for referral

Primary lymphoedema (swelling due to congenital lymphatic dysplasia)

Secondary lymphoedema as a result of:

- Cancer or treatments for cancer
- Trauma (following completion of treatment)
- Neurological conditions
- Complex mid-line oedemas (cause must have been diagnosed prior to referral)
- Upper limb lymphoedema (cause must have been diagnosed prior to referral)

We are unable to accept the following referrals

- Lipoedema
- Arterial/venous insufficiency including post thrombotic syndrome
- Ulcerated/leaking legs/wounds
- Lymphoedema secondary to morbid obesity
- Non-complex chronic oedema including requests for provision of compression hosiery following compression bandaging by community nurses
- Out of Area referrals (outside LLR)

Non cancer related lymphoedema must be present for longer than 3 months. Cancer related lymphoedema will be accepted prior to this threshold, however, acute causes of swelling must be ruled out prior to referral. This includes cancer recurrence and DVT. **This must be clearly stated on the referral form.**

Referrals will not be accepted if the information is incomplete. This may delay the offer of an appointment. All referrals will be discussed with a member of the medical team at our weekly referral meeting. The referrals will be triaged and appointments arranged. We aim to see cancer patients within 2 weeks of receiving the referral.

If you wish to speak to a Lymphoedema Nurse Specialist for clinical advice or before making a referral please ring (0116) 2318429