Background
In 2015 LOROS Hospice was approached by Dr Helen Cox about the possible twinning with Ndi Moyo in Malawi. Dr Cox is a retired GP who had previously witnessed the good work that they were doing and their need for support.

The LOROS Ndi Moyo Hospice Steering Group is responsible for managing monies and planning visits.

A patient legacy has enabled LOROS to set up a bursary fund which will enable a limited number of LOROS staff across all services to visit Ndi Moyo Hospice annually, and in 2019 two nurses from Ndi Moyo will hopefully be visiting LOROS for the first time.

Aims:
It has been agreed that LOROS staff will visit Ndi Moyo Hospice to:
• Share ideas, innovation, and best working practice
• Enhance and broaden palliative care training for the benefit of patient care and personal development
• To experience palliative care in a different cultural setting
• Support the acquisition of medical supplies for Ndi Moyo Hospice
• Provide opportunities for staff to experience palliative care in diverse environments

Methods:
LOROS staff spent seven days visiting Ndi Moyo getting actively involved with daily tasks. They provided feedback on their return and shared new ideas based on their individual experiences.

LOROS staff presented relevant topics to Ndi Moyo staff to share palliative care methods and ideologies. Enabling them to identify practical resource needs.

Results:
LOROS has been able to share knowledge which in turn has improved confidence levels at Ndi Moyo. On a practical level, LOROS has provided some basic medical supplies and resources.

LOROS has implemented new working processes learnt at Ndi Moyo to improve team working across the Hospice. Overall, it has enhanced cultural awareness and diversity.

Conclusion:
The twinning has helped to transform patient care within both organisations through the sharing of skills and knowledge.

For LOROS staff, the twinning has brought a new level of appreciation for our standards and values.

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